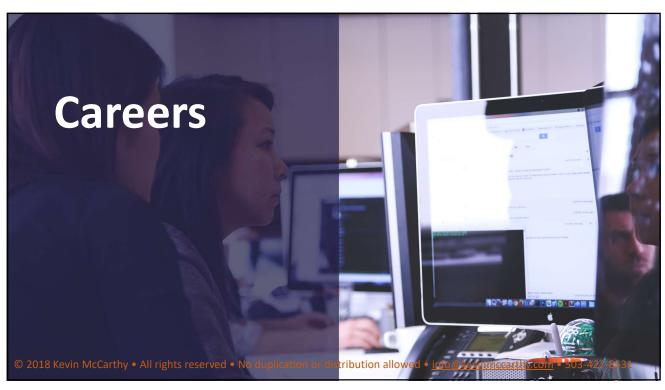


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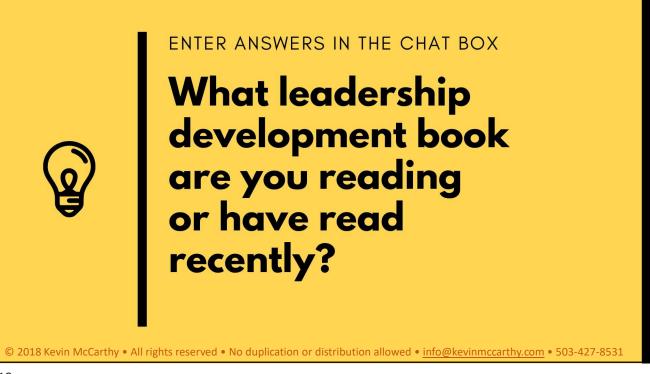






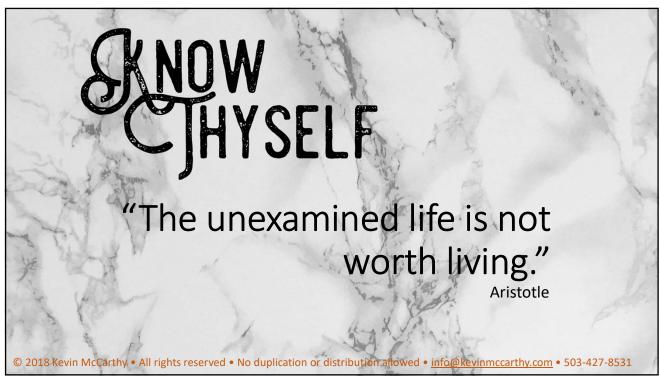








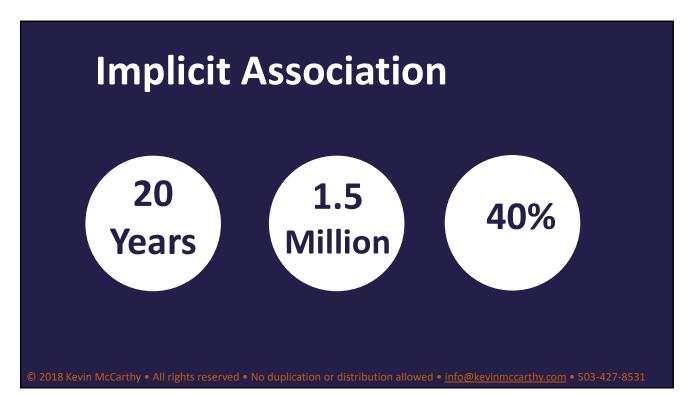




Where have you been preoccupied and what might you do to pay more attention? © 2018 Kevin McCarthy • All rights reserved • No duplication or distribution allowed • info@kevinmccarthy.com • 503-427-8531











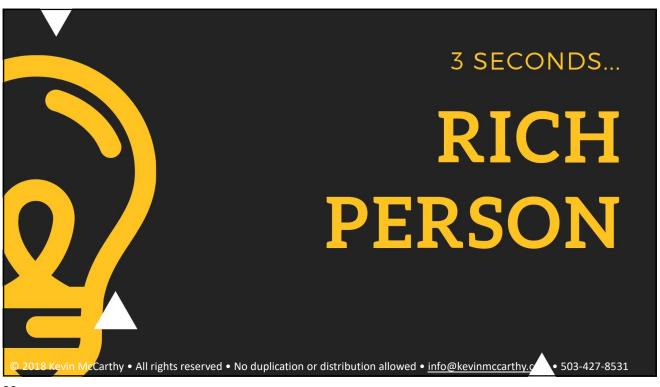
2/

ENTER ANSWERS IN THE CHAT BOX



Type the first word that comes to mind when you see these next slides.

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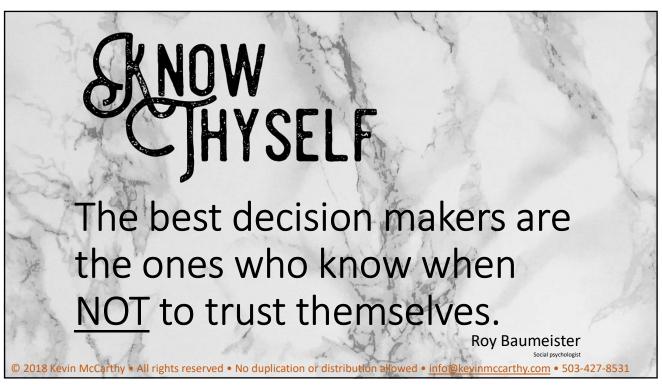


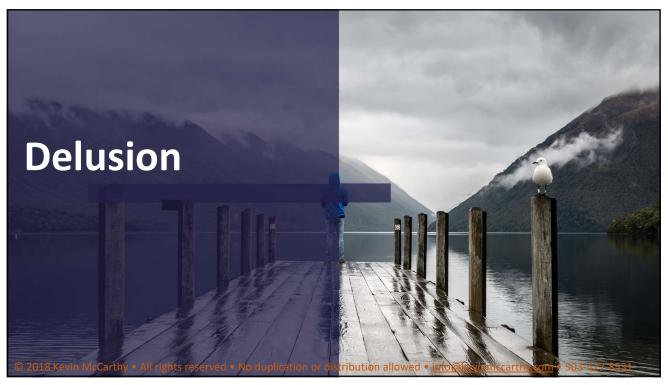
















INDIVIDUAL REFLECTION

What types of external or internal pressures do you experience at work or home? What can you do to reduce the pressure?

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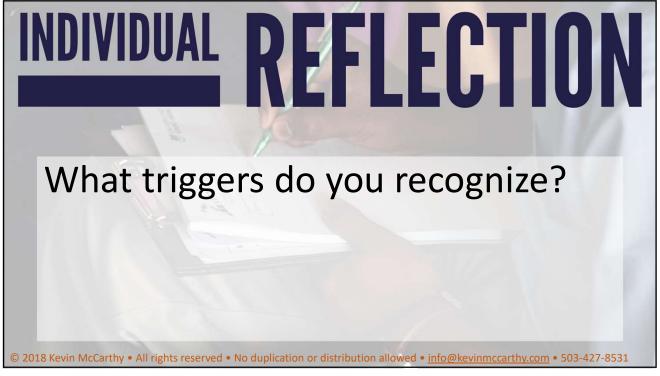
39



2 MINUTES



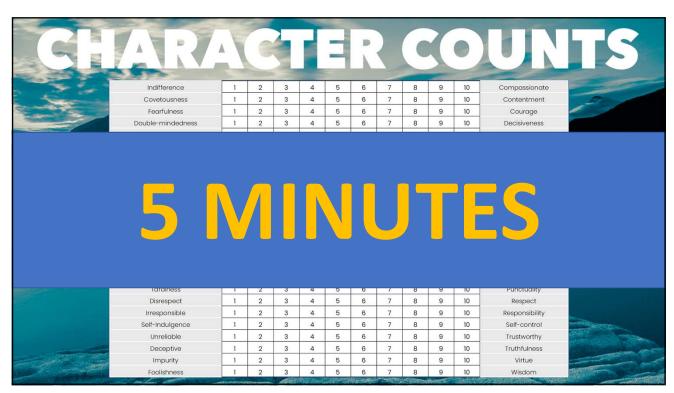






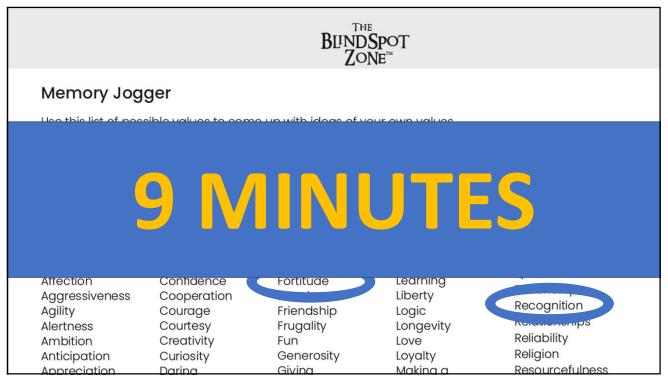


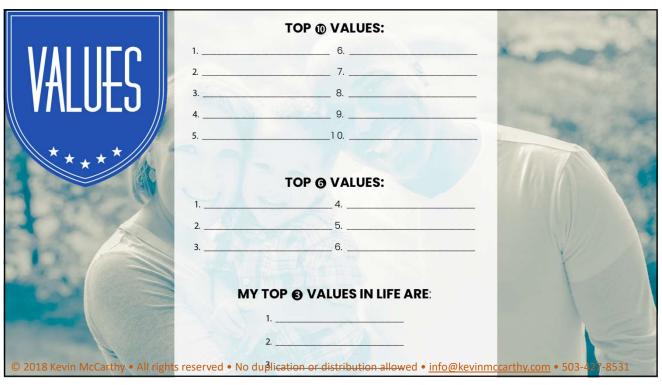
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5	AR	1	-	3	f					1		UNTS
	Indifference	1	2	3	4	5	6	7	8	9	10	Compassionate
-	Covetousness	1	2	3	4	5	6	7	8	9	10	Contentment
	Fearfulness	1	2	3	4	5	6	7	8	9	10	Courage
	Double-mindedness	1	2	3	4	5	6	7	8	9	10	Decisiveness
	Faintheartedness	1	2	3	4	5	6	7	8	9	10	Determination
	Slothfulness	1	2	3	4	5	6	7	8	9	10	Diligence
	Undisciplined	1	2	3	4	5	6	7	8	9	10	Disipline
	Giving-up	1	2	3	4	5	6	7	8	9	10	Endurance
	Condemning	1	2	3	4	5	6	7	8	9	10	Forgiveness
	Stinginess	1	2	3	4	5	6	7	8	9	10	Generousity
	Ungrateful	1	2	3	4	5	6	7	8	9	10	Gratefulness
	Dishonesty	1	2	3	4	5	6	7	8	9	10	Honesty
	Pride	1	2	3	4	5	6	7	8	9	10	Humility
	Unfaithfulness	1	2	3	4	5	6	7	8	9	10	Loyalty
	Anger	1	2	3	4	5	6	7	8	9	10	Meekness
	Impatience	1	2	3	4	5	6	7	8	9	10	Patience
100	Nagativity	1	2	3	4	5	6	7	8	9	10	Positivity
	Tardiness	1	2	3	4	5	6	7	8	9	10	Punctuality
	Disrespect	1	2	3	4	5	6	7	8	9	10	Respect
	Irresponsible	1	2	3	4	5	6	7	8	9	10	Responsibility
	Self-Indulgence	1	2	3	4	5	6	7	8	9	10	Self-control
	Unreliable	1	2	3	4	5	6	7	8	9	10	Trustworthy
The second second	Deceptive	1	2	3	4	5	6	7	8	9	10	Truthfulness
	Impurity	1	2	3	4	5	6	7	8	9	10	Virtue
	Foolishness	1	2	3	4	5	6	7	8	9	10	Wisdom



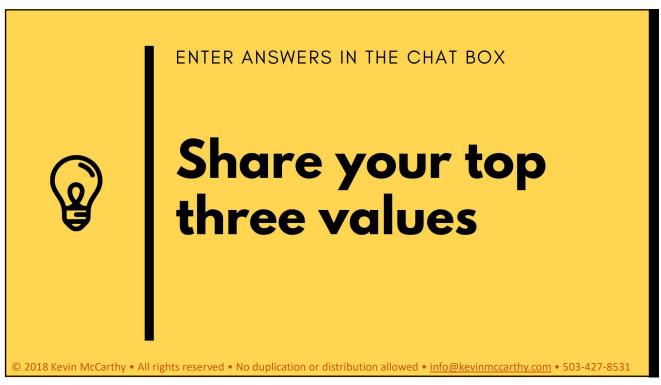
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BUNDSPOT ZONE [™]								
Memory Jogg		up with ideas of your	own values					
Abundance Accomplishment Accountability Accuracy Achievement Acknowledgement Adaptability Adventure Affection	Consciousness Consistency Contentment Continuity Continuous Contribution Control Conviction Conviction Convincing Confidence	Fairness Faith Fame Family Fidelity Flexibility Flow Focus Fortitude	Intuitiveness Inventiveness Influence Justice Kindness Knowledge Leadership Learning	Presence Preservation Privacy Proactivity Progress Prosperity Punctuality Quality Quiet				
Aggressiveness Agility Alertness Ambition Anticipation Appreciation	Cooperation Courage Courtesy Creativity Curiosity Darina	Friendship Frugality Fun Generosity Giving	Liberty Logic Longevity Love Loyalty Making a	Recognition Reliability Religion Resourcefulness				

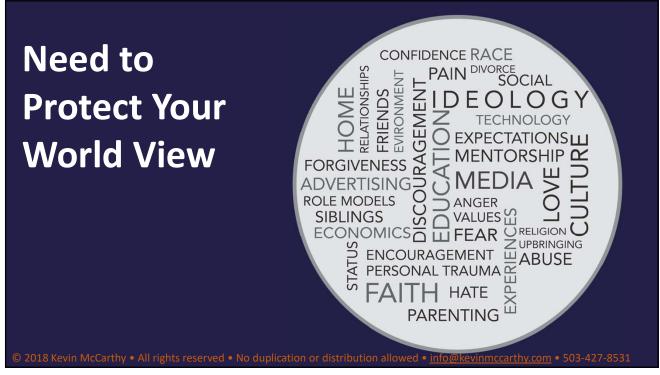




VALUES	TOP (1) VALUES: 1 6 2 7 3 8 4 9	
9	MINUTE	5
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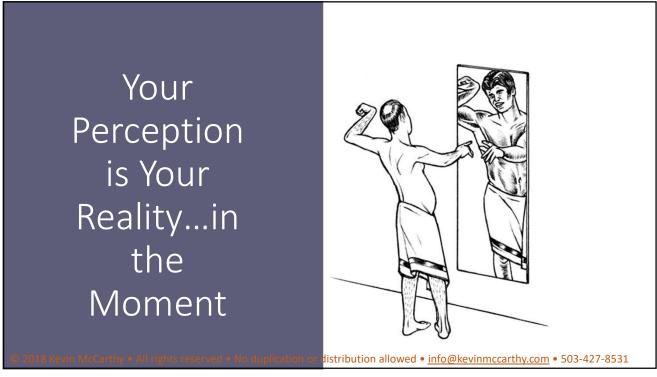






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55



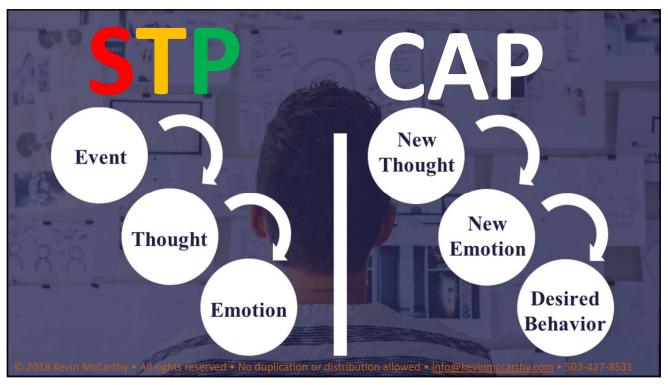


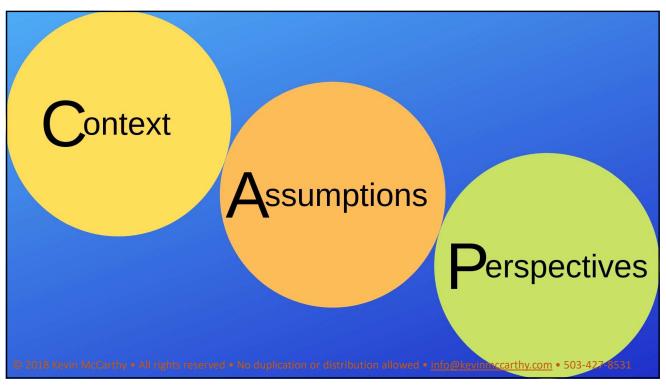
















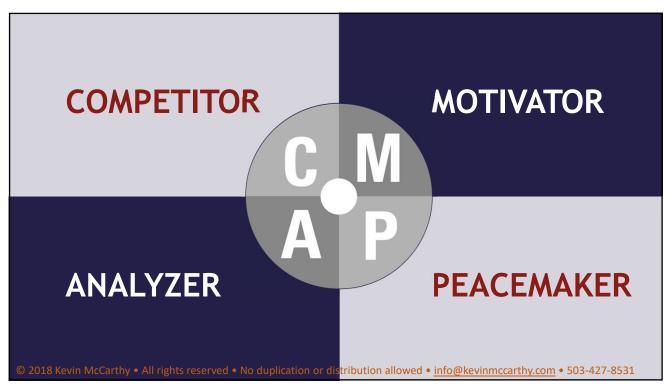
















Keyword: Team Driving Need: Harmony Known by: Sincerity © 2018 Kevin McCarthy • All rights reserved • No duplication or distribution allowed • info@kevinmccarthy.com • 503-427-8531

